

FLS

Fracture Liaison Service

Preventing costly fractures

Info sheet 13.0

Costs savings of an FLS

Jan 2022



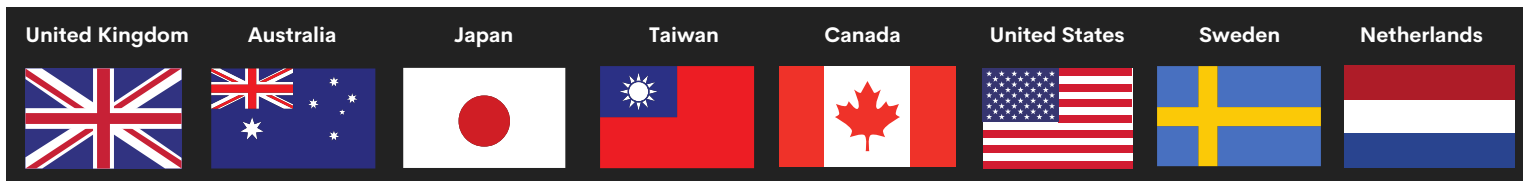
FLS offers better care and costs less!!

System-level cost savings realized at ~2-4 years post-implementation (which increase further over time)

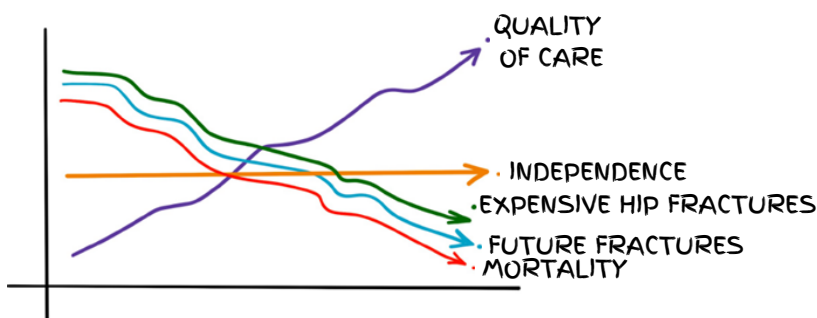
An FLS is a specific model of care where a dedicated coordinator proactively identifies fracture patients, typically in orthopaedic services, on a system-wide basis, and determines their fracture risk with the express purpose of facilitating effective osteoporosis treatment for high-risk patients. FLS is the only intervention that has been proven to have a meaningful impact (i.e., with at least a two-fold improvement) on the post-fracture osteoporosis care gap.

Cost-effectiveness studies

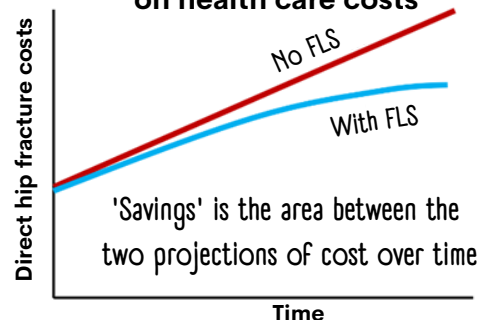
Consistently, globally and in Canada, studies show that FLS is not only cost-effective, but cost-saving to the healthcare system. To be clear, even after accounting for the salary expense for the FLS coordinator, all of the extra BMD tests done and all of the extra osteoporosis medications prescribed, FLS still ends up saving money by preventing hugely expensive hip fractures. When implemented appropriately (i.e., with Osteoporosis Canada's 8 Essential Elements of FLS), an FLS ends up paying for itself within 2-4 years.



Impact of FLS on osteoporotic fracture patients



Impact of increased hip fractures on health care costs



OSTEOPOROSIS

Need more info on FLS?

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