

# FLS

## Fracture Liaison Service

# Preventing costly fractures

**FLS: An internationally recognized standard of care.**

**ALERT: FLS is rarely offered in the Canadian healthcare system.**

Info sheet 15.0

Dec 2021

An FLS is a specific model of care where a dedicated coordinator proactively identifies fracture patients, typically in orthopaedic services, on a system-wide basis, and determines their fracture risk with the express purpose of facilitating effective osteoporosis treatment for high-risk patients. FLS is the only intervention that has been proven to have a meaningful impact (i.e., with at least a two-fold improvement) on the post-fracture osteoporosis care gap.



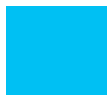
Country	Coverage (orthopaedic services)
Scotland <sup>1</sup>	100%
Northern Ireland <sup>1</sup>	Close to 100%
Wales <sup>1</sup>	72%
England <sup>1</sup>	52%
<b>CANADA (2021)<sup>2</sup></b>	<b>13%</b>

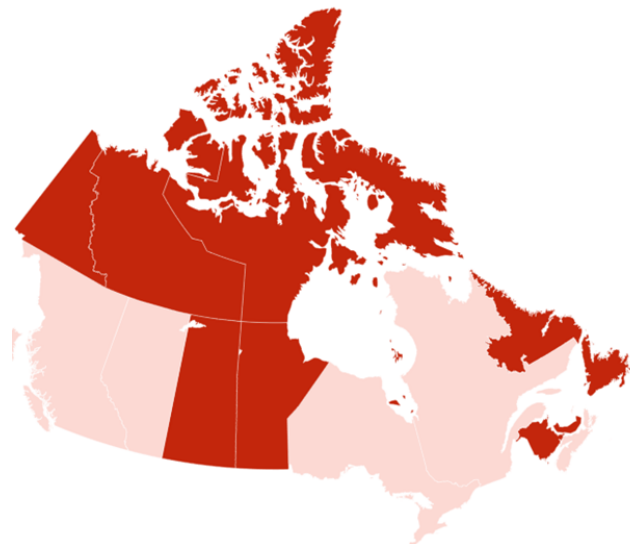
The overwhelming majority of fragility fracture patients in Canada still do not have access to this proven model of care. With such poor access to FLS in Canada, less than 20%<sup>1</sup> of fracture patients will receive the care they need to prevent further costly, and often severely debilitating, fragility fractures.

Source: 1. Royal Osteoporosis Society, Dec 2019  
2. Osteoporosis Canada, Dec 2021

1. Public Health Agency of Canada, 2020

### Access to FLS for non-spine fragility fractures patients (as of December 2021)

-  Provinces/territories without any FLS
-  Provinces/territories needing substantially more FLSs
-  Provinces/territories adequately covered by FLS



**Any hospital offering orthopaedic services should offer an FLS.**

**Does your hospital have an FLS?**

Contact Osteoporosis Canada (OC) for assistance in planning an FLS.

# OSTEOPOROSIS

**Need more info on FLS?**

Website: [fls.osteoporosis.ca](https://fls.osteoporosis.ca)

Email: [fls@osteoporosis.ca](mailto:fls@osteoporosis.ca)