

FLS

Fracture Liaison Service

Preventing costly fractures

Info sheet 17.0

Implementing an FLS for your orthopaedic service

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An FLS is a specific model of care where a dedicated coordinator proactively identifies fracture patients, typically in orthopaedic services, on a system-wide basis, and determines their fracture risk with the express purpose of facilitating effective osteoporosis treatment for high-risk patients. FLS is the only intervention that has been proven to have a meaningful impact (i.e., with at least a two-fold improvement) on the post-fracture osteoporosis care gap.

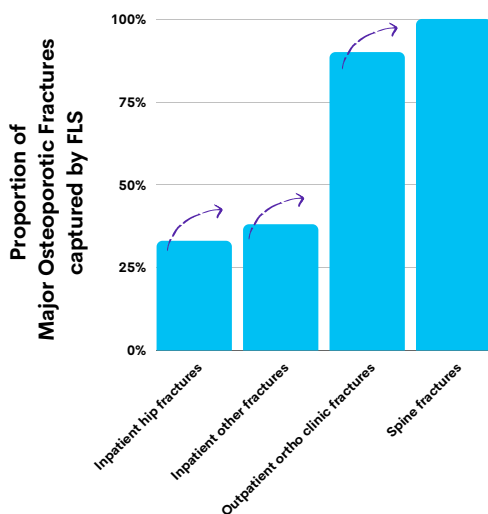
Critical factors needed for the implementation of an effective and sustainable FLS include:

1. An FLS Champion (a passionate leader determined to see this project to implementation).
2. The formation of an FLS team, typically including a physician with expertise in osteoporosis, an orthopaedic surgeon, and a strong partnership with primary care providers.
3. Gathering local data to determine the FLS needs of your hospital will then allow you to develop a business case for your FLS. Osteoporosis Canada (OC) can assist.

Connect with OC early in your planning process. OC has the experience and expertise to assist your FLS team to design an effective FLS model thus avoiding the costly mistake of implementing a model that will not close the gap nor improve patient outcomes.

Put patients first and join FLS leaders from across Canada who have already implemented FLS successfully!

Gradual expansion of FLS within a hospital



At the provincial level, a frequently employed strategy is to establish an initial centre of FLS excellence, with subsequent replication of the model at the other hospitals in the province offering orthopaedic services.



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Need more info on FLS?

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