

# FLS

## Fracture Liaison Service

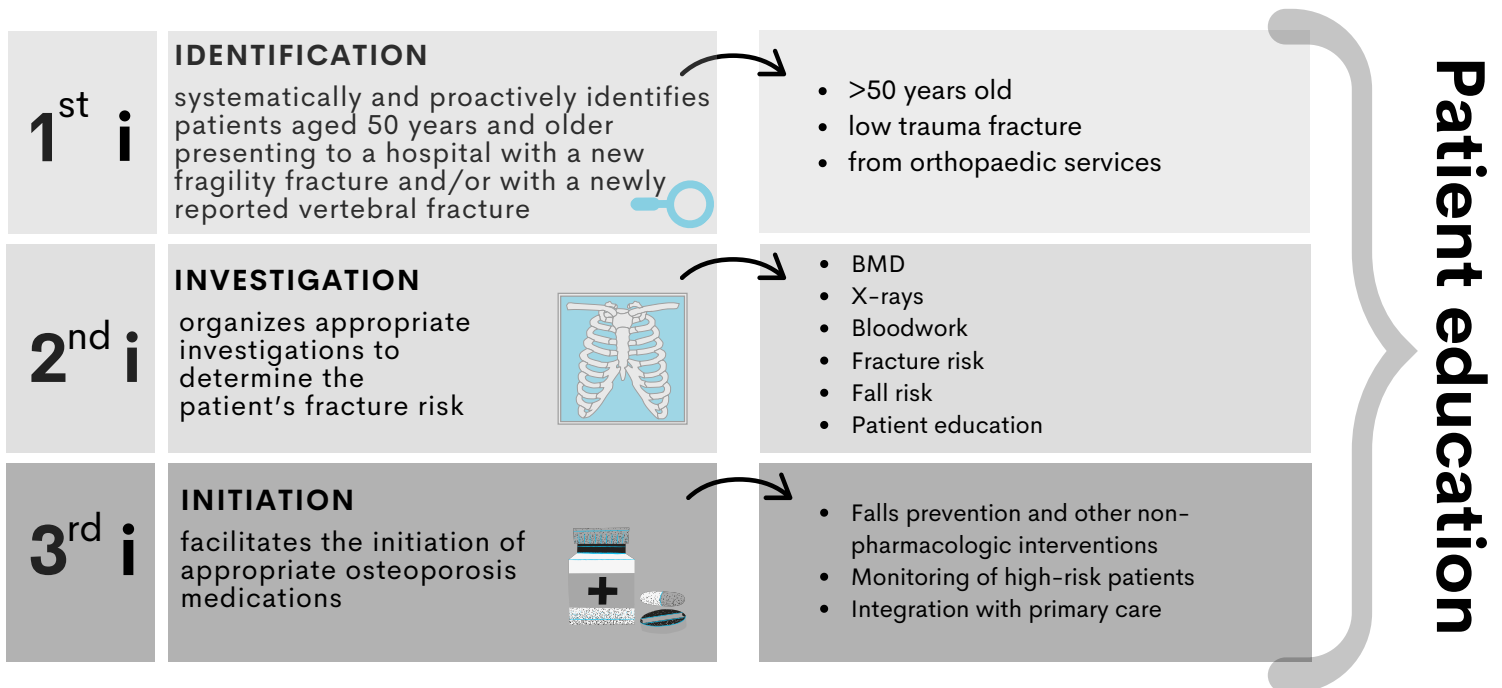
## Preventing costly fractures

Info sheet 6.1

### Fracture Liaison Service (FLS) defined

Aug 2022

An FLS is a specific model of care where a dedicated coordinator proactively identifies fracture patients, typically in orthopaedic services, on a system-wide basis, and determines their fracture risk with the express purpose of facilitating effective osteoporosis treatment for high-risk patients. FLS is the only intervention that has been proven to have a meaningful impact (i.e., with at least a two-fold improvement) on the post-fracture osteoporosis care gap.



### Crucial to the success of an FLS is a dedicated FLS coordinator.

FLS coordinators "capture" the patients at the point of orthopaedic care, and seamlessly integrate secondary fracture prevention into the acute fracture experience. The coordinator also links with primary care providers to maintain communication from initial assessment through to discharge from the FLS to ensure follow-through of initiated interventions.

Fracture Liaison Service (FLS) is not a referral program or clinic for patients with osteoporosis. Patients do not get referred to an FLS: they are seen by the FLS coordinator when they present to the hospital or outpatient orthopaedic clinic with a new fracture.

Osteoporosis Canada's official FLS definition: [fls.osteoporosis.ca/wp-content/uploads/Osteoporosis-Canada-Essential-Elements-FINAL-April-2021.pdf](https://fls.osteoporosis.ca/wp-content/uploads/Osteoporosis-Canada-Essential-Elements-FINAL-April-2021.pdf)

# OSTEOPOROSIS

**Need more info on FLS?**

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